



Why me?

I don't understand why I got this disease. I eat well, exercise, live a clean life. So why me?

A lot of us think we've been doing really well keeping our bodies healthy, but we don't know about the hidden dangers in our food and our environment.

Conventional foods include chemical poisons (pesticides). According to PreventionGuide magazine, *"More than 600 active chemicals are registered for agricultural use in America, to the tune of billions of pounds annually."*

Also, according to Dr. Mercola *"There are over 10,000 chemicals labeled GRAS, Generally Reconized As Safe, by the food industry themselves. And labeling them GRAS, they are able to penetrate a loophole that allows them never to be tested for human safety and they are not even put on food labels."*

GMO's (genetically modified organisms) or genetically modified foods are becoming mainstream in todays food supply. Since labeling has been lobbied for and denied; we remain being used in a mass experiment without most of us even knowing it.

Clinics & Doctors

Hoxsey Bio-medical Center
www.hoxseybiomedical.com
 Tijuana, Baja California, Mexico
 (619) 704-8442

Burzynski Clinic
 Dr. Stanislaw Burzynski, M.D.
www.burzynskiclinic.com
 Houston, Texas
 (800) 714-7181

Hope 4 Cancer
 Dr. Antonio Jimenez
www.hope4cancer.com
 Baja California, Mexico
 (10 minutes south of the border)
 (888) 544-5993 (toll free USA)

Center for Advanced Medicine and Clinical Research
 Dr. Rashid Buttar, D.O.
www.drbuttar.com
 Cornelius, NC
 (704) 895-9355

Center of New Medicine
www.cfnmedicine.com
 Irvine, CA
 (949) 680-1880

For more information about the documentary "The Truth About Cancer, A Global Quest" or to attend a showing please contact Mind, Body, and Souls at www.mindbodyandsouls.com or www.thetruthaboutcancer.com



WHAT NO ONE EVER TOLD YOU ABOUT CANCER, THE GOOD NEWS!

Finding out you have cancer can be a very scary feeling. You wonder: What do I do next? Is conventional treatment for me? How successful are the conventional treatments? Will I live?

You have choices!

This pamphlet was put together to give you information; information to help you make educated decisions on how to handle your illness. Cancer is NOT a death sentence. There is hope and answers that can help you get well.

This information was compiled by Mind, Body, and Souls for you and your health advocate to help you. Some websites are provided for you to investigate and learn more. Much of the information was based on research we collected from data compiled by doctors, nurses, scientists, cancer survivors, etc. This information is only suggestions. You must weigh the information and make your own decision on how to best treat your illness. We recommend that you and/or your advocate do research. Don't take anyone's word for it; look into it! Select a doctor that is open to non-traditional methods; a doctor that will work with and for YOU.

Where do I begin?

Knowledge is power. Empower yourself!

- Remember, cancer is not a death sentence. It is curable.
- Get an advocate. A family member or a friend that can work for and with you; someone you trust.
- Detox.
- Drink lots of water*.
- Juice organic vegetables to build up your immune system. Carrots make a very powerful juice.
- Start eating only organic foods.
- Grow and eat sprouts.
- Eat mainly vegetables and secondly fruits; living food.
- Eliminate sugar & artificial sweeteners. Sugar feeds cancer. Use only natural sweeteners: honey, maple syrup, stevia-sparingly.
- Eliminate dairy.
- Check iodine levels.
- De-stress.
- Meditate/pray.
- Exercise.
- Look into natural cures and alternative doctors.
- Do not let your medical doctor rush, intimidate or scare you,

*Use a water filter if your municipality puts fluoride in the water,
See more about filters on our website.



Heal the Whole Body, Mind and Soul

Food

As many believe what Hippocrates said "Let food be thy medicine" so do we at **Mind, Body, and Souls**. Food is very important in getting you well. Whole, living foods such as fruits and vegetables are best. Eliminate all processed foods. Start cooking real food!

Organic food has many more nutrients and antioxidants than conventional foods. Organic foods even taste better!



Informational Websites

www.mindbodyandsouls.com
www.draxe.com
www.chrisbeatcancer.com
www.optimallyorganic.com
www.thetruthaboutcancer.com

If you have questions, comments,
or would like cancer coaching
please contact us at:

1inmindbodyandsoul@gmail.com or
visit our website at
www.mindbodyandsouls.com



Cordyceps Mushroom

Supplements, Foods, Essential Oils, Etc.

- **Cordyceps Mushroom Capsules**- To increase oxygen in the body. Cancer does not thrive in an oxygenated environment.
www.naturalhealth365.com/0919_cordyceps_kill_cancer-html/html/
- **Carrot Juice**
- **Chaga Mushroom**
- **Vitamin B12** (Apricot Kernels)
- **Vitamins D2, B12, B9** (folate **not** folic)
- **Turmeric** where the chemical compound Curcumin is found
- **Broccoli Sprouts**
- **Wheatgrass**
- **Hemp Oil**
- **Frankincense Essential Oil**
- **Myrrh Essential Oil**
- * **LivingFuel** www.livingfuel.com
- **LifeOne** www.lifeone.org
- **Astragalus Herb**
- **Alkalizing Diet**
- **BEC5**
- **Graviola Capsules**
- **Essiac Herbal Tea**
- **Flor Essence Herbal Tea**