

Gerber (Nestle subsidiary) Good Start GentlePro Power Infant Formula ingredients label:

INGREDIENTS: **WHEY PROTEIN CONCENTRATE (1)** (FROM MILK, ENZYMATICALLY HYDROLYZED, REDUCED IN MINERALS), VEGETABLE OILS (PALM OLEIN, **SOY (2)**, COCONUT, HIGH OLEIC SAFFLOWER OR HIGH OLEIC SUNFLOWER) (1), LACTOSE, CORN MALTODEXTRIN, AND LESS THAN 2% OF: POTASSIUM HYDROXIDE, **CALCIUM CHLORIDE (3)**, POTASSIUM PHOSPHATE, CALCIUM PHOSPHATE, SODIUM ASCORBATE, SODIUM CITRATE, CHOLINE BITARTRATE, 2'-O-FUCOSYLLACTOSE*, M. ALPINA OIL**, C. COHNII OIL***, MAGNESIUM CHLORIDE, TAURINE, NUCLEOTIDES (CYTIDINE 5'-MONOPHOSPHATE, DISODIUM URIDINE 5'-MONOPHOSPHATE, ADENOSINE 5'-MONOPHOSPHATE, DISODIUM GUANOSINE 5'-MONOPHOSPHATE), INOSITOL, FERROUS SULFATE, ALPHA-TOCOPHERYL ACETATE, MIXED TOCOPHEROLS, ASCORBYL PALMITATE, **CITRIC ACID (4)**, ZINC SULFATE, NIACINAMIDE, CALCIUM PANTOTHENATE, L-CARNITINE, COPPER SULFATE, VITAMIN A ACETATE, RIBOFLAVIN, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, MANGANESE SULFATE, **POTASSIUM IODIDE (5)**, FOLIC ACID, PHYLLOQUINONE, BIOTIN, SODIUM SELENATE, VITAMIN D3, VITAMIN B12, B. LACTIS CULTURES, SOY LECITHIN.
CONTAINS: MILK AND SOY.

Do you even know what half the ingredients are in this product? A mother is suppose to give this to their newborn; certainly doesn't sound right to me. My theory is if there are more than five ingredients, don't buy it and if you don't know what the ingredients are or can pronounce them, don't buy it. Research ingredients if you feel you must buy it.

(1) Whey Protein Concentrate- "Although both Whey Protein and Whey Isolate are both derived from the same milk concentration, Whey Isolate is simply whey protein that has been **filtered** in a process to help remove the lactose in the powder itself. This is to create a leaner and lower fat protein source." ([Quoted from us.myprotein.com](http://us.myprotein.com)) Whey protein is MSG.

(2) Soy oils; soy is one of the largest GMO products in the country.

(3) Calcium Chloride may contain aluminum. There is a chance of **aluminum toxicity** if you are on calcium chloride for a long time. The risk is greater if you have kidney problems. ***The risk is also higher in premature infants.*** Information [link](#). According to Ashley Koff, RD and Stephen H. Atkins, PhD whey protein isolate is a form of MSG (monosodium glutamate).

(4) Citric Acid when processed from corn is a form of MSG or Monosodium glutamate; which is toxic.

(5) Potassium Iodide- The following quote is from: [Drugs.com](https://www.drugs.com/mtm/potassium-iodide.html) at <https://www.drugs.com/mtm/potassium-iodide.html> "FDA pregnancy category D. **Do not use potassium iodide if you are pregnant.** It could harm the unborn baby. Use effective [birth control](#), and tell your doctor if you become pregnant during treatment.

Potassium iodide can pass into breast milk and may harm a nursing baby. You should not breast-feed while using potassium iodide." That being said; why would you feed your newborn potassium iodide?!

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